

Here are the workshops to choose from. Write your choices on the front side of this registration sheet

Wednesday Workshops

1. **Water Balloon Launchers.** Help design water balloon launchers and test your launchers.
2. **Super Hero Makeovers.** Transform into your favorite, or wacky made-up superhero. Face paint and hair colors provided. Bring a costume, if you like.
3. **Flashy Flip Flops.** Design your own fashionable flip flops. Let us know your shoe size.
4. **American Gladiators.** Are you the best of the best? Test your skills against our own counselor gladiators.
5. **Explosions.** Learn about the science of why things explode while creating home made “explosions”.
6. **Team Challenge.** Work with your fellow campers to overcome obstacles in the CC Pine Forest.
7. **Body Art.** Create a unique, temporary new look with face and body paint.
8. **Yoga.** Learn a relaxing way to recharge your body or start your day. Bring a beach towel.
9. **Lazer Tag.** Travel to Lazer Quest by CC bus and play 3 games of Lazer Tag. Cost: \$20. *Double Session*
10. **Outpost Camping.** Sleep in tents and cook your breakfast in the great outdoors of the CC woods. Must be at least 2nd year camper to participate. Bring a sleeping bag & sweats for PJ's.
11. **Ziping.** Experience the rush of ziping down the cable through the trees. Certified instruction provided by CC Staff. Cost: \$7
12. **Obstacle Course;** Travel all over Camp Clifton in a fast paced, high energy circuit of games and challenges.
13. **Swimming Lessons;** Intermediate level swimming practice, you need to be comfortable putting your face in the water, you'll practice strokes and become a stronger swimmer playing Marco Polo and other water games.

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15. **Ziping.** Experience the rush of ziping down the cable through the trees. Certified instruction provided by CC Staff. Cost: \$7.
16. **Water Polo.** Play a fun and competitive game of water polo. You'll be in the water full time!
17. **Cupcakes & Smoothies.** Time out for treats; make smoothies and other snacks and then enjoy eating them.
18. **Marshmallow Shooters.** Create your own PVC pipe marshmallow shooter custom designed for mini-mallows.
19. **Tie Dye.** Bring a white T-Shirt and learn the fine art of Tie Dying, a custom look designed by you.
20. **Explosions.** Learn about the science of why things explode while creating home made “explosions”.
21. **Bonus Ball.** Volleyball with a twist, a different way to enjoy a fun team oriented sport.
22. **Lazer Tag.** Travel to Lazer Quest by CC bus and play 3 games of Lazer Tag. Cost: \$20. *Double Session*
23. **Hike to the Artesian Well.** Hike to the Artesian Well on CC, and taste the cold, cold water.
24. **Rock Climbing.** Learn to climb on the cliffs that our camp is famous for. Certified instructor provided by CC, jeans and tennis shoes required. All safety equipment provided. Cost \$10. *Double Session.*
25. **Pac Man Life Size.** From the screen to real life, you will “be the game”.
26. **Pinata Making.** Make your own paper-mache Pinata, for decorating and filling.

Friday Morning Workshops

27. **Canoe Safety:** If you plan to go on the canoe trip (must be 5th grade+), you must sign up for this session, swim suit needed. Basics of paddling, steering, uprighting and other safety covered.
28. **Slip & Slide Bowling:** Slide down the slippery slope behind the camp pool and try to knock out the foam pins. Wear swim suit or old clothes.
29. **High Ropes.** Tree top adventure in the CC pine forest; work your way through the obstacles at tree top level. Session led by certified CC staff. Cost \$15. *Double Session.*
30. **Guitar Hero.** Compete in Guitar Hero Challenges with other campers. No experience necessary.
31. **Four Square.** A black top classic! Rotate through several games while trying to stay in the game.
32. **Tie Dye.** Bring a white T-shirt and learn the fine art of Tie Dying, a custom look designed by you.
33. **Team Challenge.** Work with your fellow campers to overcome obstacles in the CC Pine Forest
34. **Flashy Flip Flops.** Design your own fashionable flip flops. Let us know your shoe size.
35. **Trap Shooting.** Learn safety and shooting skills in this class, supervised by Shooting Sports instructors and counselors. All equipment provided (don't bring yours). Beginners welcome. Cost: \$5.
36. **Float Your Boat.** Build a cardboard boat and then see if you can make it float. Wear your swim suit for boat testing at the end of the session.
37. **Rock Climbing.** Learn to climb on the cliffs that our camp is famous for. Certified instructor provided by CC, jeans and tennis shoes required. All safety equipment provided. Cost \$10. *Double Session.*
38. **Juggling.** Learn to juggle with our guest instructor Craig Muhlenkamp.
39. **Hike to the Artesian Well.** Hike to the Artesian Well on CC, and taste the cold, cold water.