

CLOTHING SKILL-A-THON STUDY GUIDE

INTERMEDIATE*

*Intermediate Level includes the following projects:

Sewing for Others
Clothes for Middle School

Active Sportswear
Sportswear for Spectators

Clothing Skill-a-thon will take place as a part of the traditional clothing judging. Check the yellow guideline sheet that you received with your project book for the specific day and date. Advisors will receive a detailed schedule of more specific times for each project.

Skill areas in which youth will participate are based on information from their project book. Two other resources have been identified by the skill-a-thon committee as beneficial to **all** participants in sewing projects, regardless of their ability.

Ready, Let's Sew is the beginning 4-H clothing project. It has recently been adapted from former projects and has a great deal of valuable information included. The second recommended resource is **Let's Sew!**, a beginner's sewing guide written by Nancy Zieman in association with the National 4-H Council. It is also available at the Extension Office for \$5.00 (includes tax). You may find references to both of these resources as you use this study guide.

This guide gives information about the 4 stations that will be included in the clothing skill-a-thon.

1. Each participant should bring (or wear) the garment(s) constructed or selected for their project as well as their completed project book. Dressing rooms will be available.
2. Participants will wear their garment(s) while they have an interview with a judge.
3. There will be 3 skill areas for members to demonstrate what they have learned from the project. Some members will be interviewed first and then complete the skills, others will complete the skills first.
4. Please arrive 10 to 15 minutes prior to your scheduled judging time to register. A Polaroid picture will be taken of each member after they are dressed in their 4-H outfit. The picture will be attached to the score sheet to assist judges.
5. Ribbons will be presented as each 4-H'er completes the skill-a-thon. Awards will be announced at the 4-H Style Review. Vouchers will be distributed in the armory following the style review when garments are put on display.

STUDY GUIDE FOR INTERMEDIATE CLOTHING PROJECTS

Intermediate Projects Include: Sewing for Others; Active Sportswear; Sportswear for Spectators; Clothes for Middle School

Two additional resources for members enrolled in these project areas are the 4-H project book, *Ready, Let's Sew*, and *Let's Sew - a Beginners Sewing Guide* authored by Nancy Zieman (of *Sewing with Nancy* fame). Regardless of member's skill level, these resources will be valuable for reference on basic sewing techniques. Both are available at the local 4-H Office.

In addition to an interview with a judge, each member will complete 3 skill activities to demonstrate knowledge of their project. Skill activities will be selected from the following information:

Tool Identification

Ready, Let's Sew (page 4 - 5)
Let's Sew (page 3 - 8)
Be able to identify commonly used tools.

Fabric Bolt

Ready, Let's Sew (page 12)
Let's Sew (page 28)
Be able to find information about a fabric on the end of the fabric bolt.

Pattern Envelope

Ready, Let's Sew (page 35 - 37)
Let's Sew Page 21 - 22)
Be able to answer questions using the information on a pattern envelope.

Fabric

Ready, Let's Sew (page 11)
Let's Sew (page 26)
Be able to identify selvage, cut edge, fold, lengthwise & crosswise grain.

Seam Finishes

Let's Sew (page 37 - 39)
Singer Sewing Essentials (page 64 - 65) - ATTACHED
Identify the following seam finishes: pinked; edge stitch; zigzag or overcast; serged; and turned & stitched.

Pressing

Let's Sew (page 39 - 40)
Know the difference between pressing and ironing. Be able to demonstrate how to press a seam after stitching.

Pattern Guide Sheet

Ready, Let's Sew (page 37 - 38)

Let's Sew (page 22)

Be able to use a pattern guide sheet to layout a pattern.

Total Look

Ready, Let's Sew (page 46)

Name the 7 clues to fashion for a total look. Be able to evaluate an outfit on the 7 clues.

Pattern Pieces

Ready, Let's Sew (page 39 - 41)

Let's Sew (page 23 and 30)

Be able to identify symbols on pattern pieces. Be able to demonstrate how to alter a pattern.

Measurements

Ready, Let's Sew (page 33)

Let's Sew (page 20)

Know measuring terms (back waist length, chest, hips, etc.) and how to take measurements.