

# CLOTHING SKILL-A-THON STUDY GUIDE

## BEGINNER\*

**\*Beginner Level includes the following projects:**

**Ready, Lets Sew**

**Joyful Jumper**

**Tops for Tweens**

Clothing Skill-a-thon will take place as a part of the traditional clothing judging. Check the yellow guideline sheet that you received with your project book for the specific day and date. Advisors will receive a detailed schedule of more specific times for each project.

Skill areas in which youth will participate are based on information from their project book. Two other resources have been identified by the skill-a-thon committee as beneficial to **all** participants in sewing projects, regardless of their ability.

**Ready, Let's Sew** is the beginning 4-H clothing project. It has recently been adapted from former projects and has a great deal of valuable information included. The second recommended resource is **Let's Sew!**, a beginner's sewing guide written by Nancy Zieman in association with the National 4-H Council. It is also available at the Extension Office for \$5.00 (includes tax). You may find references to both of these resources as you use this study guide.

This guide gives information about the 4 stations that will be included in the clothing skill-a-thon.

1. Each participant should bring (or wear) the garment(s) constructed or selected for their project as well as their completed project book. Dressing rooms will be available.
2. Participants will wear their garment(s) while they have an interview with a judge.
3. There will be 3 skill areas for members to demonstrate what they have learned from the project. Some members will be interviewed first and then complete the skills, others will complete the skills first.
4. Please arrive 10 to 15 minutes prior to your scheduled judging time to register. A Polaroid picture will be taken of each member after they are dressed in their 4-H outfit. The picture will be attached to the score sheet to assist judges.
5. Ribbons will be presented as each 4-H'er completes the skill-a-thon. Awards will be announced at the 4-H style review. Vouchers will be distributed in the armory following the style review when garments are put on display.

## STUDY GUIDE FOR BEGINNER CLOTHING PROJECTS

**Beginner projects include: Ready, Let's Sew; Joyful Jumper; Tops for Tweens**

To help you prepare for clothing skill-a-thon, it is recommended that beginners in all of these project use the 4-H project book *Ready, Let's Sew* as a resource.

An additional resource for all clothing members regardless of skill level is *Let's Sew!* - a Beginners Sewing Guide authored by Nancy Zieman (of *Sewing with Nancy* fame) written in association with the National 4-H Council. Copies of this guide are available through the local 4-H Office at a cost of \$5.00 each.

In addition to an interview with a judge, each member will complete 3 skill activities to demonstrate knowledge of their project. Skill activities will be selected from the following information:

### ***Tool Identification***

Ready, Let's Sew (page 4 - 5)

Let's Sew (page 3 - 8)

Be able to identify commonly used sewing tools.

### ***Hand Stitches***

Ready, Let's Sew (page 7 - 8)

### ***Sewing Machine***

Ready, Let's Sew (page 9)

Let's Sew (page 9 - 11)

Be able to identify parts of the sewing machine.

### ***Fabric***

Ready, Let's Sew (page 11)

Let's Sew (page 26)

Be able to identify selvage, cut edge, length wise and crosswise grain.

### ***Fabric Bolt***

Ready, Let's Sew (page 12)

Let's Sew (page 28)

Be able to find information about a fabric on the end of the fabric bolt.

### ***Straightening Fabric***

Ready, Let's Sew (page 12)

Be able to demonstrate how to straighten fabric.

### **Measurements**

Ready, Let's Sew (page 33)

Let's Sew (page 20)

Know measuring terms (back waist length, chest, hips, etc.) and how to take measurements.

### **Pattern Envelopes**

Ready, Let's Sew (page 35 - 37)

Let's Sew (page 21 - 22)

Be able to answer questions using the information on a pattern envelope.

### **Pattern Guide Sheet**

Ready, Let's Sew (page 37 - 38)

Let's Sew (page 22)

Be able to use a pattern guide sheet to layout a simple pattern.

### **Pattern Pieces**

Ready, Let's Sew (page 39)

Let's Sew (page 23)

Be able to identify symbols on pattern pieces such as notches, fold, grain line, stitching line, cutting line, and buttonhole placement.

### **Total Look**

Ready, Let's Sew (page 46)

Name the 7 clues to fashion for a total look.

4-H members taking the *Joyful Jumper* project may also be evaluated on the following material:

### **Seam Finishes**

Let's Sew (page 37 - 39)

Singer Sewing Essentials (page 64 - 65) - **ATTACHED** Identify the following seam finishes: pinked; edge stitch; zigzag overcast; serged; and turned & stitched.

### **Facings**

Let's Sew (page 41 - 43)

Explain what a facing is and where facings might be needed.