

CLOTHING SKILL-A-THON STUDY GUIDE

IT'S TIME OUT FOR CLOTHING

Beginning, Intermediate & Advanced Levels

Clothing Skill-a-thon will take place as a part of the traditional clothing judging. Check the yellow guideline sheet that you received with your project book for the specific day and date. Advisors will receive a detailed schedule of more specific times for each project.

Skill areas in which youth will participate are based on information from their project book. Two other resources have been identified by the skill-a-thon committee as beneficial to **all** participants in sewing projects, regardless of their ability.

Ready, Let's Sew is the beginning 4-H clothing project. It has recently been adapted from former projects and has a great deal of valuable information included. The second recommended resource is **Let's Sew!**, a beginner's sewing guide written by Nancy Zieman in association with the National 4-H Council. It is also available at the Extension Office for \$5.00 (includes tax). You may find references to both of these resources as you use this study guide.

This guide gives information about the 4 stations that will be included in the clothing skill-a-thon.

1. Each participant should bring (or wear) the garment(s) constructed or selected for their project as well as their completed project book. Dressing rooms will be available.
2. Participants will wear their garment(s) while they have an interview with a judge.
3. There will be 3 skill areas for members to demonstrate what they have learned from the project. Some members will be interviewed first and then complete the skills, others will complete the skills first.
4. Please arrive 10 to 15 minutes prior to your scheduled judging time to register. A Polaroid picture will be taken of each member after they are dressed in their 4-H outfit. The picture will be attached to the score sheet to assist judges.
5. Ribbons will be presented as each 4-H'er completes the skill-a-thon. Awards will be announced at the 4-H Style Review. Vouchers will be distributed in the armory following the style review when garments are put on display.

STUDY GUIDE FOR IT'S TIME FOR CLOTHING BEGINNING, INTERMEDIATE, & ADVANCED LEVELS

In addition to an interview with a judge, each member will complete 3 skill activities to demonstrate knowledge of their project. Skill activities will be selected from the following information:

IT'S TIME FOR CLOTHING - BEGINNER

1. Know the color wheel. (page 8)
2. What are tints and shades? (page 9)
3. Be able to explain fad and fashion. (page 12)
4. What is the difference between labels and hangtags? (page 13)
5. What can labels tell you about a garment? (page 13)
6. Be able to list the different types of stores and other ways that you can buy clothes. (page 17/18)
7. What are some advantages and disadvantages of shopping by mail order catalog? (page 22)
8. Be able to tell how to make clothes last longer. (page 23/24)

IT'S TIME FOR CLOTHING - INTERMEDIATE

1. Be able to discuss personal characteristics that you want to emphasize and those that you want to de-emphasize. (page 7/8)
2. Know how line affects design and figure. (page 10)
3. How does color affect perception of size and figure? (page 12)
4. Why are accessories important? (page 13)
5. What is the difference between institutional and product advertising? (page 16)
6. Why are there laws for advertising? (page 16)
7. What is consumer appeal? (page 19)
8. Be able to discuss different types of sales. (page 20)
9. Be able to calculate percent-off sale prices. (page 21)

10. Why are hangtags and labels important? (page 21)
11. Be able to identify care symbols. (page 23)
12. Discuss advantages and disadvantages of shopping using the TV or the computer. (page 24/25)
13. What is the difference between fad and fashion? (page 29)
14. Know terms like bust waist length, chest, hip, etc. and how to take measurements. **For additional information refer to ATTACHED Let's Sew! (page 20) or Ready, Let's Sew (page 33).**
15. When evaluating the construction of a garment, what should you check? (page 33)
16. What are some things that can be done to make clothes last longer? (page 35)
17. What items need special seasonal storage attention? (page 40)
18. Be able to match the clothing care clues on page 42 with the picture cards on page 43.

IT'S TIME FOR CLOTHING - ADVANCED

1. Be able to identify warm and cool colorings and what colors compliment different colorings. (page 9,10,11,12)
2. Be able to identify the different kinds of lines created with clothing and how they affect one's appearance. (page 16)
3. What are some alternatives to retail shopping? (page 23)
4. What are some advantages/disadvantages to purchasing secondhand clothing? (page 23)
5. When is secondhand clothing a good choice? (page 23)
6. What are some advantages to mail order shopping? (page 26)
7. What are the four P's used in marketing and advertising? (page 29)
8. Why are sales not always a bargain? (page 31)
9. Be able to discuss the different types of sales. (page 31)

10. Be able to write a letter of complaint. (page 37)
11. Be able to evaluate the quality and construction of a pair of jeans. (page 41)
12. What is "Green Shopping"? (page 47)
13. What is certified organically grown cotton? (page 47)
14. What are "green" fabrics? (page 47)
15. What is Foxfibre? (page 47)
16. What are recycled fabrics? (page 48)