

Advisor Education 2008

Sessions remaining for this year

Activities That Teach

Rescheduled for: April 7, Monday, 7:00-8:30 p.m.

RSVP needed April 4th

How can you, as an Advisor: Use activities to develop life skills? Influence behavior and attitudes? Make activities meaningful and fun? Involve every member of your club? Here is a collection of simple activities which you can lead at club meetings to enhance the educational impact of your meetings. Activities center on topics applicable to every club like: group decision making, peer pressure, and communication.

What to Eat?

April 17th, Thursday, 7:00-8:15 p.m.

RSVP needed by April 14

Can involvement in 4-H have an influence on what kids choose to eat? Can education about food choices help kids make good choices that will affect their long term health? Is there anything we can do, as 4-H volunteers, to have an impact on the "childhood obesity epidemic"? I think the answer to all these questions is YES! Knowledge certainly affects behavior and we as adult role models can have an impact on the kids around us? Come learn and discuss simple, subtle, and some not-so-subtle ways you and your club can positively affect the health of your members.

What Kids Need To Succeed

April 24, Thursday, 7:00- 8:15 p.m.

RSVP needed by April 21

As a volunteer, working with young people, you have an opportunity to make a positive impact in kids lives. In moments of frustration we've all probably wondered "Does what I do make a difference?" This session will review the keys that help kids grow up healthy and responsible, and how each 4-H volunteer can help provide some of those keys.

Who Moved My Cheese?

April 28, Monday, 7:00- 8:30 p.m.

RSVP needed by April 23

The one thing that is constant is today's world in change. Do you ever feel overwhelmed by it? Wish you could re-wind the clock? Here's a program that can help you gain new perspective on handling change. Based on the #1 best-selling book, "Who Moved My Cheese?" is an enlightening program that can alter the way we adapt to change. In a simple parable, this program tells the story of four characters that live in a "Maze" and look for "Cheese" to make them happy.

Who Moved My Cheese? will:

- *Provide you with a new and positive way of looking at change so it works to your advantage.
- *Give you a fun language and method of thinking that will accelerate your Clubs's ability to change.
- *Show you a reliable way to succeed by doing what works in changing times.