

MINI MEAL MAGIC - 466

Project Description:

This is a beginning level foods and nutrition project for 8 - 11 year olds. If you are older with a limited knowledge of foods, you may also begin with this project. Members will learn to prepare simple recipes for themselves and their families in a safe, clean manner. They will also learn good shopping skills and about the nutritional value of foods they prepare.

To Complete This Project:

Follow the guidelines on page 3 of the project book. Explore all of the Interest Areas completing all of the recipes, activities, and experiments. Fill in all of the sections of the project book. Complete at least 2 learning experiences & 2 leadership/citizenship activities.

IF YOU WISH TO PARTICIPATE IN JUDGING/FAIR, THIS PROJECT WILL BE JUDGED AS FOLLOWS:

Judging of This Project:

Prepare one of the recipes from your project book (or a similar recipe - bring recipe with you to judging) and bring the entire dish and a serving utensil, if needed. **(Do not bring a table setting and a centerpiece)**. You do not need to bring a menu. You will be given a menu activity to complete at the judging. Bring completed project book. In addition to an interview with a judge, you will participate in several skillathon activities. A skillathon study guide for this project is available at the Extension Office.

UNION COUNTY FAIR:

Judging will be held on Tuesday, July 22, in the Armory at the fairgrounds. See the schedule printed later in the summer for the exact judging time for this project.

RICHWOOD FAIR:

Judging will be held Thursday, August 28, in the East Arena. See the schedule printed later in the summer for exact judging time for this project.

Ohio State Fair Opportunity

This project **Does** have the opportunity to be displayed at the Ohio State Fair in 2008. Any 4-H'er who wishes to compete for an opportunity to display this project at the Ohio State Fair must participate in judging at the Union County Fair, as described above. Union County representatives to the Ohio State Fair will be chosen as part of Union County Fair judging.